



1415 Health and Personal Development 10  
Module 3  
Revised 88/12

CANADIAN  
DEC 12 1990

## FOR STUDENT USE ONLY

Date Module Submitted

(If label is missing  
or incorrect)

File Number

Time Spent on Module

Module Number \_\_\_\_\_

Student's Questions  
and Comments

Apply Module Label Here

Name

Address

Postal Code

Please verify that preprinted label is for  
correct course and module.

## FOR SCHOOL USE ONLY

Assigned  
Teacher: \_\_\_\_\_

Module Grading: \_\_\_\_\_

Graded by: \_\_\_\_\_

Date Module Received:

Module Assignment  
Recorded \_\_\_\_\_

Teacher's Comments:

## ALBERTA CORRESPONDENCE SCHOOL

### MAILING INSTRUCTIONS FOR CORRESPONDENCE ASSIGNMENT BOOKLET

#### 1. BEFORE MAILING YOUR ASSIGNMENT BOOKLET PLEASE SEE THAT:

- (1) All exercises are completed. If not, explain why.
- (2) Your work has been re-read to ensure accuracy in spelling and lesson details.
- (3) The Booklet cover is filled out and the correct module label is attached.

#### 2. POSTAGE REGULATIONS

Do *not* enclose letters with Assignment Booklets.

**Send all letters in a separate envelope.**

#### 3. POSTAGE RATES

First Class

Take your Assignment Booklet to the Post Office and have it weighed. Attach sufficient postage and a green first-class sticker to the front of the envelope, and seal the envelope. Correspondence Assignment Booklets will travel faster if first-class postage is used.

**Mail each Assignment Booklet as soon as it has been completed.**

**When you register for correspondence courses, you are expected to send Assignment Booklets for correction regularly. Do not send more than one Assignment Booklet in one subject at the same time.**

**THE FRONT COVER OF THE ASSIGNMENT BOOKLET MUST BE COMPLETED FOR  
EVERY MODULE SUBMITTED FOR CORRECTION, AS ILLUSTRATED BELOW**

Correct use of Mailing labels will ensure prompt processing and grading of your **Assignment Booklets**.

The **Mailing Labels** must be checked for spelling and address details.


Please advise the Alberta Correspondence School promptly of any changes in name, address, school, or any other details and we will issue a revised set of labels. Your file number is permanently assigned and **must** be included on all correspondence with the Alberta Correspondence School. If the proper label is not attached to each Assignment Booklet as indicated, it will delay your **course** work being processed and credited to you.

**Mailing Labels** are to be attached to the **Assignment Booklets** in the space provided for student name and address.

Check carefully to ensure that the **subject name**, and **module number** on each label corresponds exactly with the module you are submitting.

Labels are to be **peeled off** waxed backing paper and **stuck on the cover of the Assignment Booklet**.

Only **one** label is to be placed on each **Assignment Booklet**.

FOR STUDENT USE ONLY		FOR SCHOOL USE ONLY	
Date Module Submitted _____	(If label is missing or incorrect) File Number _____	Assigned Teacher: _____	Student name and Address  When revised labels are received, place the <b>correct</b> new labels on your <b>Assignment Booklets</b> .
Time Spent on Module _____	Module Number _____	Module Grading: _____	
		Graded by: _____	
		Date Module Received: _____	
Student's Questions and Comments  <div style="border: 1px solid black; padding: 5px; text-align: center;">             MODULE                FILE NUMBER              COURSE NAME              NAME              ADDRESS           </div>		Module Assignment Recorded: _____  Please verify that prepared label is for correct course and lesson	
Teacher's Comments:  <div style="display: flex; justify-content: space-between;"> <span>St. Serv. 34-88</span> <span>Teacher _____</span> </div>			

Module Number

Course Name and Number  
Student File Number

Bar Code  
(same information as above)

**DO NOT MARK OR COVER BAR CODING.**

**CHANGE OF ADDRESS**

If the address on your Assignment Booklet differs from the address you supplied on your registration application, please explain. Indicate whether the different address is your home, school, temporary or permanent change of address.



## IMPORTANT NOTICE

This module has three types of exercises. There are self-development and independent-study exercises. These exercises are at the **end** of each lesson and **DO NOT** need to be submitted for evaluation. The graded exercises appear in the **Assignment Booklet**. The exercises in the Assignment Booklet **MUST** be submitted for evaluation.

While the self-development and independent-study exercises are not graded, you should work through them. The knowledge and skills you develop from doing those exercises could be of value on the exam. If you do not do all of the exercises, your chances of passing the exam will drop. In some cases **not doing the self-development independent-study exercises could be the main cause of failure.**

The self-development questions are questions you can answer with your own opinions, experiences and general knowledge. The independent-study questions are answered in the text portion of the lessons. Independent-study questions will have a page reference in brackets. The answer to the question can easily be found on that page.

If you are having problems, need help or would like to be sure an answer you have for one of the independent-study or self-development questions is correct, you may phone us. You can call us toll free from inside Alberta.

You can call us toll **free** from inside Alberta. The steps are listed below.

1. Look in your phone book's white pages. Under the letter "G," you will find "Government of Alberta."
2. The first number given will be a RITE number. Dial that number.
3. Tell the operator who answers that you want the Alberta Correspondence School in Barrhead. Our number is 674-5333.

**OR**

1. Dial "0."
2. Ask for Zenith 22 333.
3. When you get the second operator, ask for the Alberta Correspondence School in Barrhead. Our number is 674-5333.





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# **HEALTH AND PERSONAL DEVELOPMENT 10**

*Module 3  
Assignment Booklet*



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**EXERCISE 1**

Define the following terms or answer the questions as completely as possible. Give examples where applicable.

1. Gestation Period

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2. Pure Trait

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3. Mutant Gene

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4. Cell Specialization

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5. In all organisms which reproduce sexually, many hundreds of thousands more sperm than egg cells are produced. Why would this be an advantage to the survival of these species?

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**END OF LESSON 1**

Start reading Lesson 2 before completing any exercises beyond this point.

## LESSON 2

### EXERCISE 1

Choose one of the following topics and write a personal essay of at least 300 words. Include a title for your essay. Use the following lined pages to write your essay.

#### **Topic 1 – Divorce – An unhappy end or a constructive new beginning?**

When a marriage is not meeting the needs of one or both partners, sometimes divorce is considered. What are your feelings as to whether divorce should be considered in the case of an unhappy marriage? Should divorce be granted at the mutual consent of both partners or should “grounds for divorce” be established? Should counselling be mandatory for those seeking divorce? Should predivorce counselling center on trying to rebuild the marriage, trying to help the individuals adapt to single life, or both, as needed. Would it be a good idea to require those who are considering remarriage to get premarital counselling? Should there be changes made in existing maintenance laws involved in divorce? These are some of the topics you should consider.

**OR**

#### **Topic 2 – A Controversial Issue – Where do you stand?**

You may feel strongly about one of the topics in part VI of this lesson – premarital sex, masturbation, homosexuality, birth control or abortion. You may express your views on any of these topics.

Articles in newspapers or magazines may be used in your presentation. Be sure to name the source, volume number and date of publication or enclose the article. You may present the topics in an objective manner without disclosing your feelings. If you present someone else’s views, please indicate this.

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

[illegible]

Start reading Lesson 3 before completing any exercises beyond this point.

### LESSON 3

#### **EXERCISE 1**

Changing economic conditions, high divorce rates and the feminist movement have brought about major changes in family life in North America in the past fifteen to twenty years. Many women now wish to have a career and parent at the same time. For two parent families, having two careers has almost become the norm. In some cases both parents must work to keep the family above the poverty line. High divorce rates have made single parent families common.

Working single parents and two career families face challenges when providing good child care.

Choose **one** of the following topics and write two or three paragraphs of at least 100 words.

#### **Topic 1 – Child care and the two career family or the working single parent**

What problems or challenges do single parent families and two career families face in raising children? Include problems that both the parents and the children face. Discuss ways you feel the challenges can be handled, while allowing parents to continue to work full time.

#### **Topic 2 – Professional day care versus home care**

Some people feel it is better for the social development of young children for children to be in a day care center, with other children. Others feel the better environment to raise children in is the home environment.

What are the advantages and disadvantages of home care? What are the advantages and disadvantages of day care centers? Which system do you feel is better able to meet the physical, social, emotional and moral needs of children?

[illegible]

Start reading Lesson 4 before completing any exercises beyond this point.

**EXERCISE 2**

1. Describe the ways one can be infected with the disease AIDS.

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3. Describe ways to reduce the chances of contracting AIDS.

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**End of Lesson 4**

Submit your Assignment Booklet for correction now.



## MODULE EVALUATION

Please evaluate this module. It is important that you use accurate, descriptive words. Good, well done, awful or gross does not help us much. We need to know specific examples of areas where we can improve the module.

1. List any of the terms, concepts or skills you feel were not adequately covered or explained.

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2. Would you like some additional help or information about any of the areas you listed in question 1? If so, list the areas in which you would like additional help below.

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3. (a) Did you phone your correspondence teacher(s) for help?

Yes

Sometimes

No

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- (b) Do you feel telephoning your correspondence teacher(s) would be helpful?

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4. (a) Have you received any modules back from your correspondence teacher yet?

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- (b) If you have received modules back from the correspondence school, tell us how we could improve our responses and suggestions.

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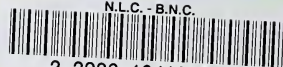
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N.L.C. - B.N.C.



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